

Athletes Learn about Second Impact Syndrome (SIS)

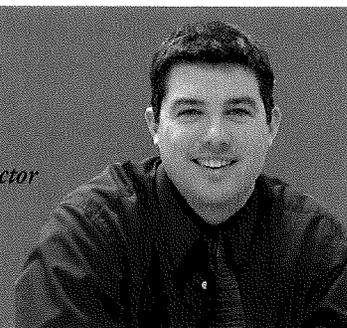
Former middle weight boxer, Ray Ciancaglini, visited with the high school athletes regarding the dangers of not addressing concussions properly. As a former boxer who suffered a concussion, he was ill - advised "to work through it." Ray suffered another head injury before allowing his brain to completely recover, known as Second Impact Syndrome (SIS). Sustaining a second head injury before the first has healed can be deadly and can pose long- term health consequences. Today, Ciancaglini suffers from Dementia Pugilistica (Boxer's Syndrome); Parkinson's tremors; dementia, including paranoia and seclusion; insomnia; and constant headaches.

Last year there were 60 students that reported concussions in grades seven through 12 and went through the return to play protocol. Ciancaglini emphasized the importance of injured students being honest with their coaches, trainers, and parents. If parents have concerns or would like their child to go through the return to play protocol, even if the injury has happened outside of the school day, they are welcome to contact our school nurses.

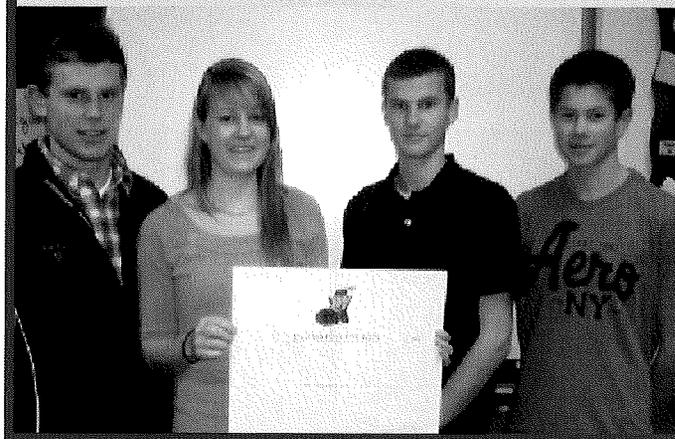


Livonia Bulldogs..

by Mark Kress, Athletic Director



Over the past five years, the boys soccer, football, and cheerleading teams have raised over \$40,000 for local charities. Below are boys soccer players presenting a \$5,100 check to Ms. Heather Good for Toys for Tots.



Seniors "Lead" to League Title



Girls Soccer Seniors lead their team to an 8-0 record in the league to claim the LCAA league title. Senior Hunter Pierce was named LCAA Player of the Year; 2nd team All-Greater Rochester; and 3rd team All-State. Cassie Pope was named to the LCAA All-Star team and 4th team All-State. Emily Marris made the LCAA division 1 All-Star team, while Carly Sherman joined the other three girls in the exceptional senior game.

Athletes of the Month

Livonia Athletic Booster Club, Sponsored by Vincenzo's Pizza

November

Girls Varsity Soccer: Cassie Pope
Boys Varsity Lacrosse: Andrew Freeman

December

Athletes were not selected for the month of December

January

Varsity Cheerleading: Michaela Giuseppetti
Varsity Diving: Josh Lyons